



**Year group: Nursery**  
**Term: Spring 1**

### **Communication, Language & Literacy**

- Talk about bedtime routine
- Discuss stories
- Use repeated refrains from familiar stories
- Act out stories using props
- Story boards to sequence stories
- Finger rhymes
- Talk about night and day animals
- Identify differences between night and day

### **Mathematics**

- Look at daily routine and what part of the day things happen
- Sequence daily routines
- Find out about clocks and their use
- Look at numbers on the clock face
- Play game “What’s the time Mr Wolf”
- Sing rocket song that introduces counting forwards and backwards from 0-10
- Sing 10 in the bed and learn how numbers/objects decrease

### **Physical**

- Jump, hop, skip, march during P.E. sessions
- Use big blocks to make enclosures and dens
- ‘Heads, Shoulders, Knees and Toes’
- Obstacle course
- Body patterns – sequence actions
- Hopscotch
- Making patterns using tools in dough/clay
- Blowing bubbles in water tray

**Activities to support the theme of Night and Day**

### **Personal, Social & Emotional Development**

- Discuss bedtime routines
- Talk about people in our family that help us
- Through stories talk about feelings such as being scared or frightened of the dark
- Talk about things that can help us get to sleep
- Learn that it is normal to have such feelings

### **Understanding the World**

- Find out what it’s like to be in the dark by sitting in dark tent
- Explore torches and other light sources in the dark tent e.g disco ball
- Explore remote controlled toys
- Look at nocturnal animals and the differences in animals
- Discuss weather and season and the effects of cold weather
- Discuss what clothes we wear for bedtime and day time

### **Expressive Art & Design**

- Sing songs related to theme such as Twinkle Twinkle little star, There were 10 in the bed, Rocket song, Five little men in flying saucer
- Make 3D models of rockets using recycleable materials
- Explore colour and light in dark tent
- Paint/collage scenes from favourite stories such as Owl babies, Whatever Next
- Explore texture by feeling different materials such as feathers, pom-poms, sticks, twigs, fabrics