



Student Well-Being Vision Statement

Student Well-Being Vision Statement at Lake Farm Park Academy, we have a whole school approach to well-being where we all value, promote and teach well-being. Our whole community understand the importance of well-being and how it impacts our students' lives, and their progress and attainment. We aim to develop learners that are caring, kind, understanding, nurturing, resilient, confident and have positive outlooks on life and the world around them. LFPA aspire to have our students leaving our school with a positive well-being attitude and wellbeing knowledge to support and guide them in their future and in the wider community.

We pride ourselves on the many ways that we teach our students about well-being.

At LFPA, we: - Participate in

- * Children's Mental Health Week
- * Participate in Mental Health Awareness Week
- * Participate in World Mental Health Day
- * Participate in Anti-Bullying Week
- * Have discrete lessons on well-being which is embedded in our PSHCE scheme and is covered in our Votes for Schools lessons
- * Have discrete lessons on well-being topics, for example World Oral Health Day
- * Have half termly well-being activities in school
- * Have well-being activities to complete at home
- * Have Active Movement
- * Have assemblies about well-being
- * Have Nurture and ELSA groups to build our pupils social skills and emotional resilience
- * Have Lego therapy to develop pupil's communication skills in social situations
- * Have Learning Mentors to support our pupils to overcome and build strategies for dealing with behavioural, social and emotional problems
- * As well as being taught about well-being, pupils are also taught about where and who to go to if they feel they need some support.

We have 2 members of staff trained in Mental Health First Aid and 5 members of staff who are trained in Psychological First Aid. They are all there to support our students at any time, for any need they may have. LFPA also have feelings boxes in each class room which is where pupils can pop a note in there about anything that may be concerning them. This allows our pupils to talk openly about their emotional well-being and mental health.