

Support Available to You

During this difficult time, we know that many of you are facing challenges that we have not prepared for. As a result, we wanted to draw your attention to some of the fantastic support networks you can access in the borough during this time to support yourselves and your families.

SEND Advisory Service

The SEND Advisory Service will be offering support to parents and young people via an advice line.

They are able to advise resources for young people with: autism, sensory impairments, other special educational needs and disabilities. They are also able to sign post you to other existing council services.

Please contact them on:

- sasinclusion@hillingdon.gov.uk who specialise in providing support for children and young people aged 2 and above
- saskeywork@hillingdon.gov.uk who specialise in providing whole family guidance and support
- sassensory@hillingdon.gov.uk who specialise in providing support for children and young people with sensory impairment difficulties



Educational Psychology Service (EPS)

Hillingdon Educational Psychology Service is providing a helpline for any parent or carer of children, who feel they would benefit from a consultation with a psychologist to support them with any concerns arising at this time, for them or their families. The concerns may be related to school or family life.

Areas of concern you may wish to discuss may include:

- Anxiety around the current situation and its impact on your children and family;
- Supporting you to support your children's emotional needs;
- Concerns about friendships, learning, daily structure and activities;
- The impact of change, loss or bereavement;
- How to best look after yourself so you can look after your children.

If you would like to access this service, please email educationalpsychologyservice@hillingdon.gov.uk



Speech and Language Support

Our Service Managers are looking at what to do to continue to support schools and families during this time.

We are advising parents to go to our website to access School Talk Infant and Junior age packs which can be found here for activity ideas and advice: <https://www.cnwl.nhs.uk/services/community-services/hillingdon-talks/advice-sheets-and-useful-videos-parents-and-professionals/school-talk>

They can also look at therapy videos here: <https://www.cnwl.nhs.uk/services/community-services/hillingdon-talks/advice-sheets-and-useful-videos--and-professionals/video>

School

During this time, we will be doing our best to support you by providing home learning work as well as advice and whatever support we can when need. If you need our help, please contact us on:

- lfpaoffice@theparkfederation.org
- 02085732622



Other Support Services:

- [Hillingdon Borough](#)
- [NSPCC](#)
- [Samaritans](#)
- [MIND](#)
- [Kooth](#)
- [Childline](#)
- [MENCAP](#)
- [Working Families](#)