

WE CAN HELP YOU TO ACHIEVE YOUR GOALS

How do we help?

- Digital GRoW Programme delivered virtually via Zoom
- Weekly Zoom GRoW Coffee Morning with guest speakers
- Weekly email jobs bulletin with part-time vacancies
- Free online training
- 1:1 specialist support from dedicated advisers who speak 6 community languages
- Exclusive Whatsapp Group
- Get Ready for Work Website

Who can join?

- All mums!
- Mums with additional needs
- Mums with English as a second language
- Women with children with Autism
- Women who have faced Domestic Abuse
- Lone parents



"When I first came to GRoW I was not in a good place but my Adviser from GRoW calmed me down and told me everything would be fine. It was such a relief to have some support. I am working 10 hours a week now and I just love it!"

Justina, GRoW Participant

All available on your smart phone, tablet or laptop!