



**angry**

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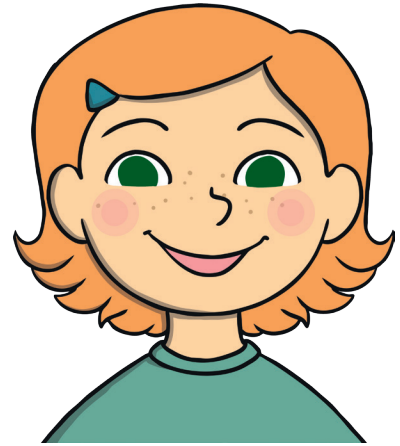
**tired**

twinkl.com



**frustrated**

twinkl.com



**happy**

twinkl.com



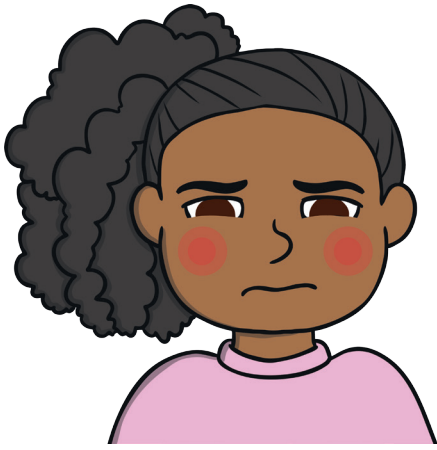
**calm**

twinkl.com



**sad**

twinkl.com



**hurt**

twinkl.com



**lonely**

twinkl.com



**lost**

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## **How are you feeling today?**

Choose one of the faces that describes how you are feeling today and put it onto the question mark.

Your parent or carer will see the face and come and talk to you about how you are feeling.

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